

# ADMISSION CRITERIA

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To be admitted to the Tsow-Tun Le Lum Helping House Treatment Programs the prospective participant must –

1.  be 19 years of age, or older;
2.  be **mentally capable** and **physically able** to participate in intense counselling situations;
3.  not have consumed alcohol, used illegal or mind-altering drugs, marijuana or other cannabis products, for the period specified in #s 4 & 5 below.
4.  If applying for the shorter (1-2 week) program, please do not submit application until your client has minimum three (3) months sobriety. This sobriety requirement **includes 3 months free of alcohol, methadone, suboxone, medicinal or recreational marijuana, and all cannabis products containing THC or CBD.**
5.  If applying for the full five-week program, please do not submit application until your client has minimum six (6) months sobriety. This sobriety requirement **includes 6 months free of alcohol, methadone, suboxone, medicinal or recreational marijuana, and all cannabis products containing THC or CBD.**
6.  have no appointments to attend during the program such as: social worker, doctor, physiotherapist, dentist, chiropractor, childcare. Please be aware that if you have outside appointments scheduled during the program, you may be ineligible to continue treatment;
7.  not have any legal issues before the courts. Resolution and sentencing must be complete prior to referral;
8.  if charged with a sexual offence, the client must produce verification that they have successfully completed a sex offender program;
9.  complete a pre-admission medical and have the forms signed by a qualified physician (including a TB skin test or chest x-ray result from tests completed within the last year);
10.  be in control of all disease and free from any communicable disease;
11.  have a valid medical care card;

We strongly recommended that –

12.  your client participates in 4-6 sessions with counsellor, therapist, psychologist, psychiatrist or referral worker prior to treatment, plus follow-up sessions.
13.  your client has community-based support group experience - this helps to make best use of the group experiences in the trauma program.
14.  In order for clients to get the most out of their time at Tsow-Tun Le Lum, we encourage their participation in the cultural and traditional ceremonies and practices that are incorporated within our programs.