

# ADMISSION CRITERIA

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To be admitted to Tsow-Tun Le Lum Helping House Treatment Programs, the prospective participant must:

1.  be 19 years of age, or older;
2.  be mentally capable and physically able to participate in all aspects of the program;
3.  When applying for any Tsow-Tun Le Lum residential program, please do not submit application until the applicant has the required sobriety for the program they are applying for. This sobriety requirement includes **abstinence** from **alcohol, illegal or mind-altering drugs, methadone, suboxone, medicinal or recreational marijuana, and all cannabis products containing THC or CBD.** (If you are unsure, contact one of our intake workers);
4.  have no outside appointments to attend during the program such as: social worker, doctor, physiotherapist, dentist, chiropractor, childcare. Please be aware that if you have outside appointments scheduled during the program, you may be ineligible to continue treatment;
5.  not have any legal issues before the courts. Resolution and sentencing must be complete prior to referral;
6.  If charged with a sexual offence, the applicant must produce verification that they have successfully completed a sex offender treatment program;
7.  complete a pre-admission medical and have the forms signed by a qualified medical professional (including a TB skin test or chest x-ray result from tests completed within the last year);
8.  be in stable health;
9.  have a valid medical care card.

We strongly recommended that –

10.  the applicant participates in 4-6 sessions with counsellor, therapist, psychologist, psychiatrist or referral worker prior to treatment, plus follow-up sessions;
11.  the applicant has community-based support group experience - this helps to make best use of the group experiences in the trauma program;
12.  In order for clients to get the most out of their time at Tsow-Tun Le Lum, we encourage their participation in the cultural and traditional ceremonies and practices that are incorporated within our programs.