

ADMISSION CRITERIA

To be admitted to Tsow-Tun Le Lum Helping House Treatment Programs, the prospective participant must meet the following criteria for admission:

1. ☐ Be 19 years of age, or older;
2. ☐ Be mentally capable and physically able to participate in all aspects of the program;
3. ☐ When applying for any Tsow-Tun Le Lum residential program, please do not submit the application until the applicant has the required sobriety for the specific program they want to attend. This sobriety requirement includes **abstinence from alcohol, illegal or mind-altering drugs, methadone, suboxone, medicinal or recreational marijuana, and all cannabis products containing THC or CBD.** (If you are unsure, contact one of our intake workers)

NOTE: 6-week substance misuse programs require **2 weeks without the use of drugs or alcohol**

5 week trauma programs require **6 months without the use of drugs or alcohol**

Shorter programs require **1 month without the use of drugs or alcohol**

4. ☐ Have no outside appointments to attend during the program such as: social worker, doctor, physiotherapist, dentist, chiropractor, childcare. Please be aware that if the applicant has outside appointments scheduled during the program, they may be ineligible to continue treatment;
5. ☐ Not have any legal issues before the courts. Resolution and sentencing must be complete prior to referral;
6. ☐ If charged with a sexual offence, the applicant must produce verification that they have successfully completed a sex offender treatment program; and further documentation may be required by Tsow-Tun Le Lum before the decision is made to accept the applicant for our programs;
7. ☐ If the applicant has been charged with a violent offence, further documentation and information may be required by Tsow-Tun Le Lum before the decision is made to accept the applicant for our programs;
8. ☐ Complete a pre-admission medical and have the forms signed by a qualified medical professional (including a TB screening result from within the last year);
9. ☐ Be in stable health;
10. ☐ Have a valid medical care card.

We strongly recommended that –

11. ☐ The applicant participates in 4-6 sessions with counsellor, therapist, psychologist, psychiatrist or referral worker prior to treatment, plus follow-up sessions;
12. ☐ The applicant has community-based support group experience - this helps to make best use of the group experiences in the trauma program;
13. ☐ In order for clients to get the most out of their time at Tsow-Tun Le Lum, we encourage their participation in the cultural and traditional ceremonies and practices that are incorporated within our programs.

